



## ***EASTERN LOS ANGELES REGIONAL CENTER***

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### **ELARC Self Determination Local Advisory Committee September 5, 2017 Meeting Notes**

**Members Present:** Virgilio Orlina, Mei Ye, Yougeng Sun, Carl Blum, Josefina Nieves, Cathay Liu

**Members Absent:** Krystal Leal; *please note that Jackie Dai, Clients Rights Advocate (CRA) has resigned and a new CRA will be hired by the Office of Clients Rights Advocacy (OCRA.) Once hired, the new CRA will join the Committee*

**ELARC Staff:** Gloria Wong, David Castaneda, Lupe Jacquez, Brendali Maldonado, (*Liz Harrell was unable to attend*)

**State Council on Developmental Disabilities (SCDD) Los Angeles Office Staff:** Julie Eby-McKenzie

**Guests:** Refer to Sign-In Sheet, guests signed in

There were no RSVPs for interpretation service.

#### **Welcome and Introductions**

The meeting was called to order at 6:00 pm by Virgilio Orlina, Chair.

**Presentation:** ““Your Life Your Way: A Plain Language Presentation on Self Determination developed by the Self Advocates at the Westside Regional Center for Adults served by all the Regional Centers.” presented by Virgilio Orlina and Julie EbyMcKenzie. Please reference the power point handout.

- Questions/Discussion points from audience and committee
  - Clarification regarding how and when is the budget established; how unmet needs are determined
  - Discussion regarding the need for a strong person centered plan and the process for getting started on planning
  - The suggestion that there needs to be a list of facilitators with the alternate idea that families get leads and recommendations from other parents and parent groups for effective support people
  - Much discussion regarding the need for services to comply with the “new rule” of the federal Medicaid waiver. Some services that people are receiving now both in traditional and the Self Determination pilot program might not meet the requirement because they solely serve individuals with developmental disabilities in what might be assessed as a segregated or not inclusive manner or setting. ELARC is working with providers to adopt practices that will align with the “new rule” and will be specifically looking into the current services for the pilot participants to insure they understand the requirements under the new Self Determination program.

#### **Approval of the Agenda and Minutes**

- Agenda and minutes approved, with correction to agenda

#### **Community Input**

- Virgilio did ask for community input. Please refer to the questions/discussion notes from the presentation

#### **Updates**

- **Statewide Self Determination Project Update**
  - Gloria shared that the state has not resubmitted the application for the waiver to the federal government yet.
  - The Department of Developmental Services (DDS) is currently hosting two-day training sessions on Self Determination across the state. (Refer to handout.) These sessions are comprised of two parts: the first day is an all day session to train key Regional Center staff on the Self Determination Program. The second day is a half day “Train the Trainer” for Regional Centers and Community Based Organizations who will then be able to host informational sessions on Self Determination. Liz Harrell (ELARC Information and Training Supervisor,) is not at the meeting today as DDS asked her to

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help facilitate these training sessions. There will be 5 of these two-day sessions across the state through October.

- Virgilio and Gloria shared that the Statewide Self Determination Advisory Committee (SSDAC) met on August 28 and were provided with the Train the Trainer curriculum. The SSDAC and DDS are asking that each Local Advisory Committee send one representative to the first day of the DDS training to briefly present on the work of the committee. (The Committee elected for Virgilio to attend.) They also are inviting all the Local Advisory Committee members to attend the second day “Train the Trainer” session. ELARC staff will take names of all interested members and provide those RSVPs to DDS and for Virgilio to send to the SSDAC chair.
- ELARC Outreach and Information Planning
  - ELARC continues to conduct outreach regarding Self Determination. David Castaneda presented to Fiesta Educativa in August in Spanish and was invited to present on SD at a Spanish language conference in North Orange County in November.

### **Develop Draft Agenda for the Next Meeting**

The next meeting will be November 7, 2017 Agenda Items will include:

- An overview and debrief of the DDS Self Determination Training Sessions
- A discussion regarding the terms of the Committee Chair
- We will defer the presentation by the new ELARC Person Centered Practices Coordinators on Person Centered Planning and Self Determination originally planned for November to early 2018.

*Topics are subject to change, depending on the status of the waiver approval, trainings, and pre-enrollment.*

**Meeting adjourned at 8:00 pm.**