

THE HISTORY AND PRINCIPLES OF SELF DETERMINATION

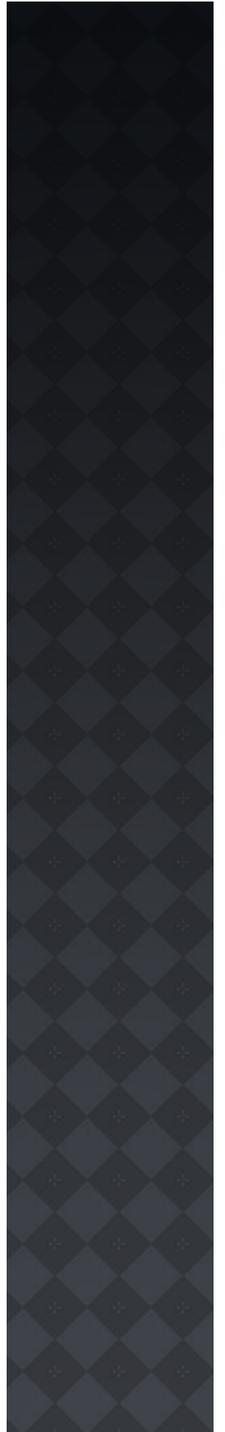
December 1, 2015

THE HISTORY AND PRINCIPLES OF SELF DETERMINATION

- ◉ What is Self Determination?
- ◉ The Roots of Self Determination
- ◉ The Principles of Self Determination
- ◉ Relevance to Here and Now...and the Future

WHAT IS SELF DETERMINATION?

- As a “program”
- As a philosophy



PROGRAM

Self Determination is “a means by which individuals who are eligible for state developmental disabilities services are empowered to gain control over the selection of services, or supports, that meet their own needs. The principles and values of self determination are implemented through new configurations of services and supports in combination with existing services.”

Fenton, G. and Hart, K. (eds.) 1997. Beyond Managed Care: Volume II: An Owner's Manual for Self Determination. Concord, NH: The Robert Wood Johnson Foundation.

PROGRAM

- Self Determination is a method of individualized funding. What that means is that there is an allocation of public money, directly to the individual, (or their parent or legal representative), to meet their disability related needs.



PROGRAM

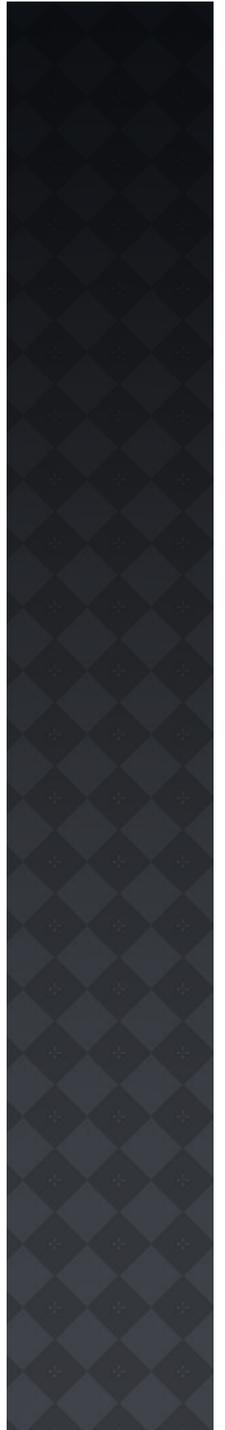
In Other Words...

- ◉ Self Determination is a program where you (or your parent or legal representative) are given a specific budget from which you can purchase the services and supports that you need to make your person centered plan work for you. Instead of the money going to the Regional Center to pay providers, you get the money set aside for you and you choose the providers.

PHILOSOPHY

A person living a self determined life has the ability to make the decisions that affect his life. This leads to a greater degree of independence, regardless of one's support needs in other areas. One does not need to be totally self-sufficient to be considered self-determined, but must have some input in the supports that are received.

Promoting Self-Determination for Adults: A Practice Guide, 2011



PHILOSOPHY

◎ Self Determination is:

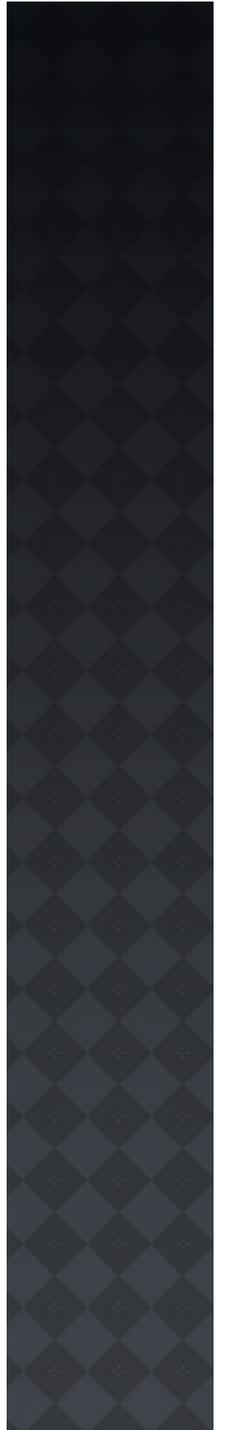
- Having a choice
- Knowing more about ourselves
- Having dreams and goals and going after them
- Being in control
- Making our own decisions
- Spending money our way



Self Advocacy Association of New York State, 2005

THE ROOTS OF SELF DETERMINATION

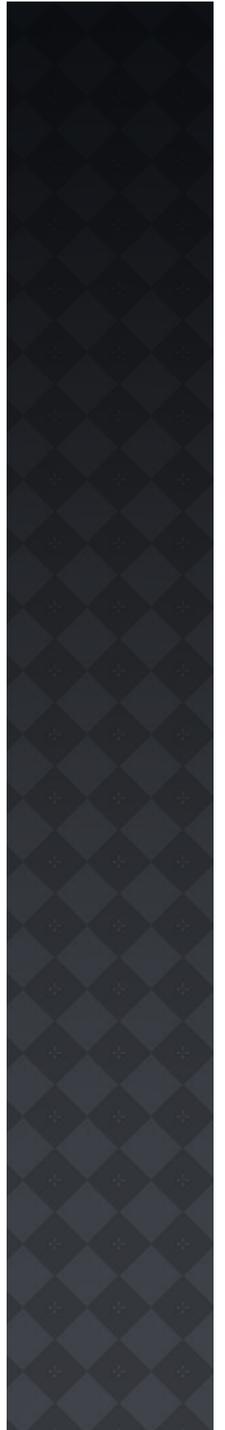
- ◉ Community's Right to Choose its Political Destiny
- ◉ Struggles by Groups within a State for Greater Autonomy
- ◉ International Community of those with Disabilities
- ◉ United States: Robert Wood Johnson Foundation



THE ROOTS OF SELF DETERMINATION

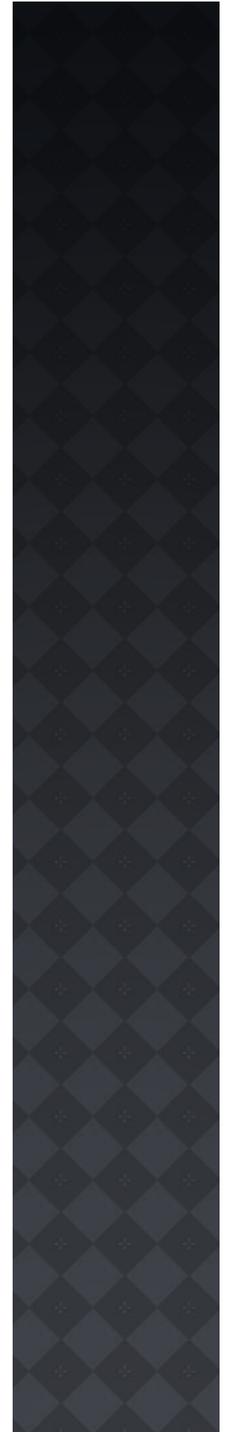
◎ California

- 1998 Self Determination Pilots
- 2005 Self Directed Services
- 2010 Individual Choice Budget
- Today Self Determination Program



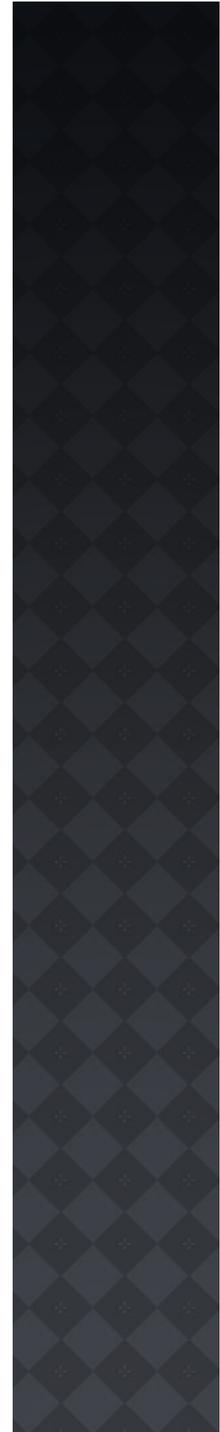
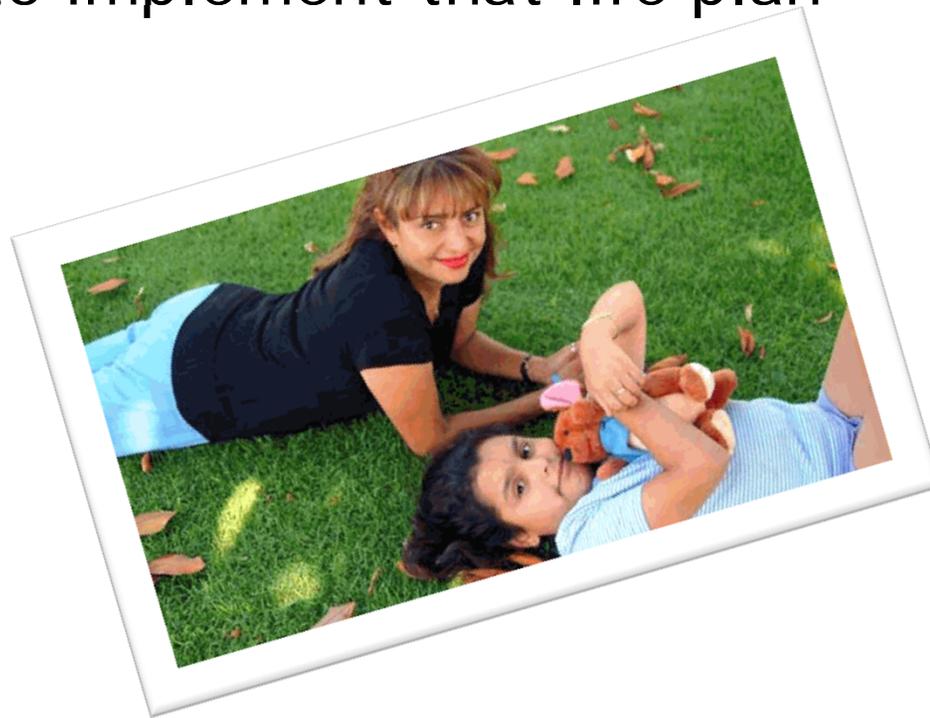
THE PRINCIPLES OF SELF DETERMINATION

- ◉ Freedom
- ◉ Authority
- ◉ Support
- ◉ Responsibility
- ◉ Confirmation



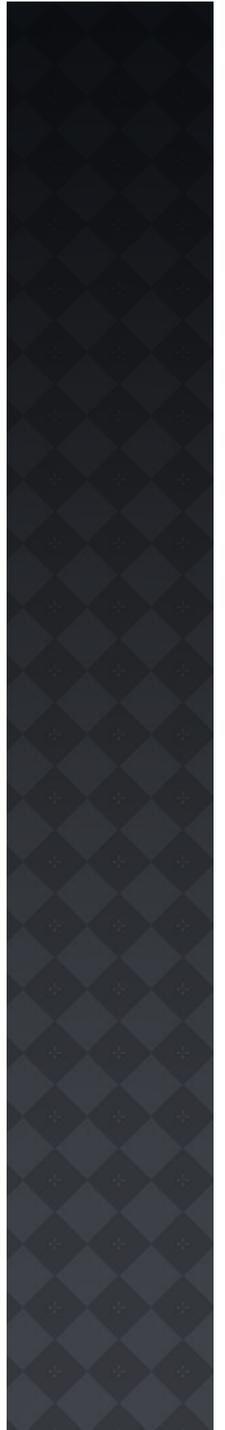
PRINCIPLES

- ◉ Freedom: to develop a meaningful life plan
- ◉ Authority: to have control over the resources necessary to implement that life plan



PRINCIPLES

- Support: to be able to call on a network of friends, family, professionals, paid workers, community members and others to help make decisions, help plan, help find resources, and help ensure quality services



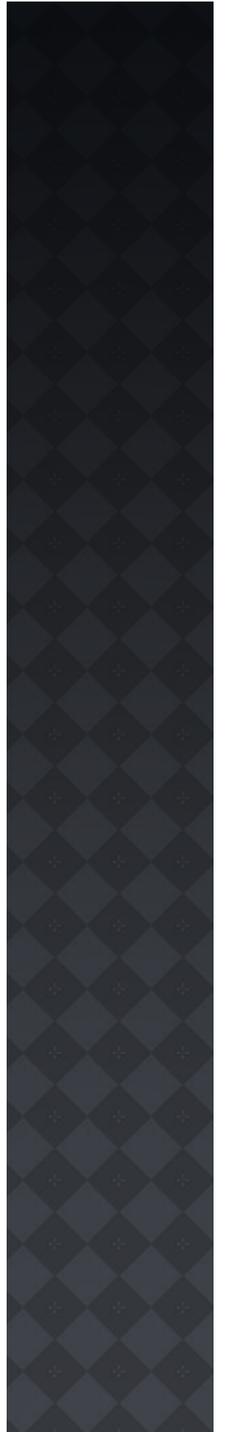
PRINCIPLES

- ◎ Responsibility: to make decisions and choices; to develop talents, gifts and skills in order to contribute to your community; and to account for the wise spending of tax payer dollars



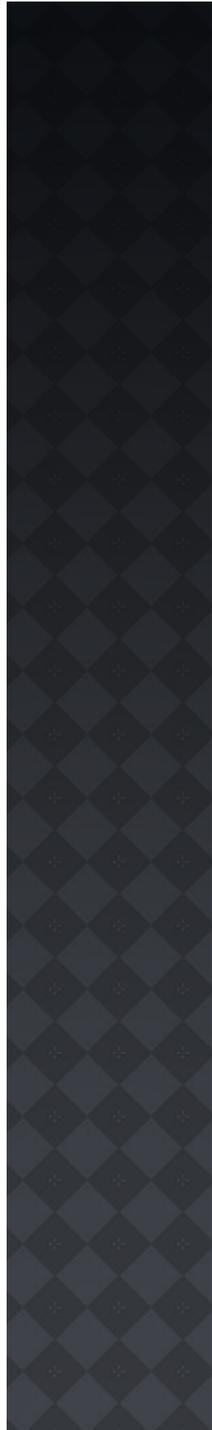
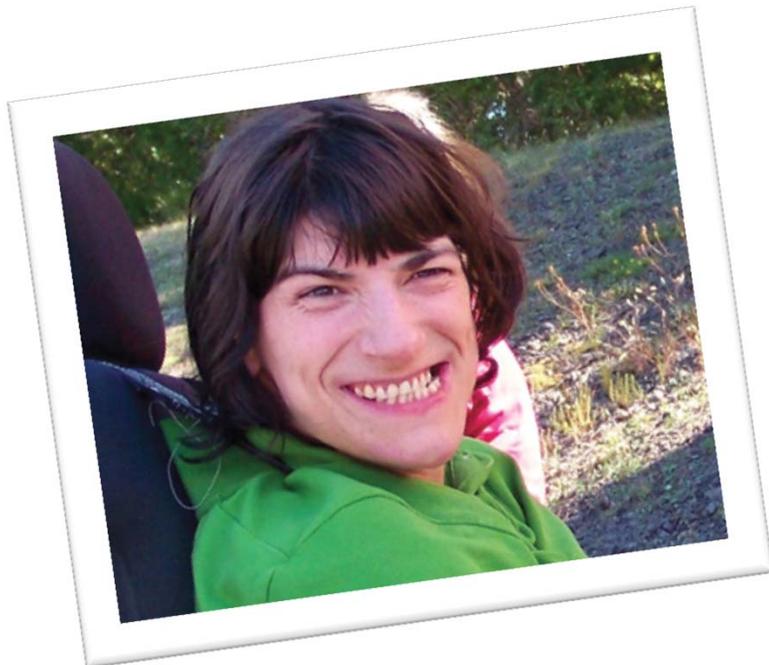
PRINCIPLES

- Confirmation: The recognition that consumers and parents have to play a leadership role in this model of service delivery



HERE AND NOW...AND THE FUTURE

People with developmental disabilities who need public support to participate fully in community life will control the funding for the services they require in order to achieve their citizenship aspirations.



THANK YOU

- ◉ Questions?
- ◉ Feedback?

