

# THE ROLE OF THE FACILITATOR IN SELF-DETERMINATION

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#### In the Lanterman Act

- "Independent facilitator"
  - Selected and directed by the participant
  - Cannot provide any other service to participant
  - May assist the participant in making informed decisions
  - Assist in identifying immediate and long-term needs, developing options to meet those needs, leading, participating, or advocating on behalf of the participant in the person-centered planning process and development of the IPP, and obtaining identified services and supports
- The cost is paid by the participant out of individual budget.
- An independent facilitator shall receive training in the principles of self-determination, the person-centered planning process etc. at his or her own cost
- Facilitator is optional



### Facilitator Tasks

- Provide guidance, resource information and support
- Assist in defining support needs and life dreams
- Assist with locating and developing innovative resources
- Support with advocacy and advice
- Develop and coordinate person-centered planning meetings including scheduling meeting, writing plan, and developing the individual budget
- Assist the participant with implementation of the plan including negotiating prices, developing and issuing contracts and agreements
- Assist to find supports to meet the changing needs of the participant

From material developed by Russell Rankin, Kern Regional Center Self-Determination Pilot Project Liaison, and language from CA's Self-Determination law. – Autism Society of Los Angeles, November 2014



#### **Facilitator Tasks**

- Maintain regular face to face or telephone contact with participant if desired by participant
- Assist with mediation on any issues
- Provide intervention in complex and/or high risk situations
- Maintain confidentiality and secure signed releases
- Ensure public funds are used appropriately
- Maintain a working relationship emphasizing quality, collaboration and partnership
- Facilitate emergency intervention plans as needed.

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### What Makes a Good Facilitator?

- "Skilled generalist"
  - Strong personal qualities
  - Values system that recognizes the participant's inherent worth, uniqueness, and right to live the life they choose
- Must understand
  - Person-centered planning/thinking
  - How the developmental disabilities service system works

### Personal Qualities & Skills of a Good Facilitator

- A commitment to empowering people and safeguarding basic human rights
- An acceptance of the participant's right to make their own decisions without imposing personal or professional bias
- Self-directed and able to prioritize work tasks
- Calm under pressure



## Personal Qualities & Skills of a Good Facilitator

- Other qualities
  - Tact
  - Diplomacy
  - Initiative
  - Sound judgment
  - Empathy
  - Patience
  - Integrity
  - Sense of humor
  - Tenacity
  - Trustworthiness



### Any questions?



#### Citations

- References in the law
  - WIC §4685.8(b)(2)(E)
  - WIC §4685.8(c)(2)
  - WIC §4685.8(d)(3)(A)
  - WIC §4685.8(d)(3)(F)
  - WIC §4685.8(n)(I)(A)(iii)
  - WIC §4685.8(n)(1)(B)(iii)

