

Eastern Los Angeles Regional Center Performance Contract 2013

November 16, 2012

Approved by the ELARC Board of Directors

Public Policy Performance Measures

Public Policy Performance Measure	Activities Regional Center will Employ to Achieve Outcome
<p>Number and percent of Regional Center caseload in Developmental Centers</p>	<p>Statement: The Eastern Los Angeles Regional Center (ELARC) is committed to providing assistance to individuals and their families, who choose to move from a state developmental center (SDC) into a less restrictive environment within their home communities. It is our belief that through our efforts the percentage of people living in a SDC will decrease throughout the next five years.</p> <p>Activities: (Continue with 2012 Activities) Activities are outlined in Community Placement Plan</p>
<p>Number and percentage of minors residing with families (includes in their own home, in a foster home or with a Guardian)</p>	<p>Statement: ELARC will ensure that children, whose health and safety will not be compromised, will reside with their families by providing the needed supports and services regardless of the severity of his/her disability.</p> <p>Activities: Placement Specialist (PS) will submit a monthly report to outcome coordinator on the number of children placed out of home and/or requests for out of home placement. By establishing closer communication with PS trends and patterns that lead to out of home placement may be better identified.</p> <p>Increase the development and expansion of services, including residential services that have been identified as necessary to maintain the child in the home when living at home is the preferred objective in the child’s individual program plan.</p>

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	<p>Service Coordinators will work with families to assist them in maximizing the utilization of generic resources. Accessing generic resources may provide families with the needed services and supports to prevent out-of-home placement.</p> <p>When developing Individual Program Plans (IPP) for children Service Coordinators will focus on the strengths, preferences and needs of the child and the family unit as a whole. Accordingly, plans will be flexible in order to meet the needs of the family as they evolve over time.</p>
<p>Number and percent of adults residing in home settings</p>	<p><u>Statement:</u> ELARC will ensure consumers are encouraged to assert their rights to determine and control the living arrangement of their choice. This may include owning, renting, or leasing the home where the consumer resides. The availability of assistive technology services to maximize consumer participation will be explored annually at the IPP and as needed, and implemented and monitored on a case by case basis.</p> <p><u>Activities:</u></p> <ul style="list-style-type: none"> • Work with existing Family Home Agency (FHA) vendors to increase developments of certified families within the catchment area. • Work with housing resources in order to be better informed and have access to affordable housing developments in Los Angeles County. Include and identify developments for special needs population such as the elderly, homeless, mental health and battered women in order to integrate consumers based on these needs. • The regional center will identify needs and coordinate developments related to independent living, supported living

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	<p>and supports for adults residing in home settings.</p> <ul style="list-style-type: none"> • Work with Non Profit Housing Organization(s) to demonstrate affordable funding feasibility for new apartment units within the catchment area.
<p>Number and percent of minors living in facilities serving less than 6 individuals</p>	<p><u>Statement:</u> Children served by ELARC and in need of residential services will be provided with the most appropriate level of care in the least restrictive and most home-like setting possible. It is our belief that through our efforts, the percentage of children residing in facilities with seven or more beds will be maintained or decreased from its currently low level throughout the next five years.</p> <p><u>Activities:</u></p> <ul style="list-style-type: none"> • On a quarterly basis, needs assessment will be conducted by Outcome Coordinator and any unmet needs will be relayed to Community Services Division for resource development activity. • Children residing in facilities with 7+ Beds will be assigned to the Intensive Services Liaison (ISL) caseload and diligent efforts will be made to assess appropriateness of placement, provide information on smaller, less restrictive living options to parents and assist in relocation efforts if agreed to by the planning team. • ELARC will provide information and explore training opportunities for Service Coordinators to increase their knowledge of medically fragile/high medical need's children, understand risk factors and identify services and supports that benefit the child. The same process will apply to children with high behavioral and/or psychiatric needs. • Service Coordinators will conduct ongoing evaluation of

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	<p>cases in order to identify medically fragile/high medical needs children as early as possible and collaborate with Healthcare Facilities and Medically Fragile Unit Supervisor and/or Placement Coordinator (PC) in the event more intensive medical or nursing supports are needed to maintain the child in the family home or if residential services are needed. This same process will apply for children with behavioral issues who may be in need of more specialized and intensive behavioral and psychiatric services.</p> <ul style="list-style-type: none"> • ELARC will continue to collaborate with the community in identifying resources (natural supports, generic and funded) available to assist families in mitigating stressors as a result of caring for a medically fragile/high medical need's child and children with complex behavioral and psychiatric needs. • ISL and PC will participate with ELARC's resource development staff and in community placement planning (CPP) meetings each month in an effort to assist in identifying unmet future needs for children.
<p>Number and percent of adults living in facilities serving over 6 individuals</p>	<p><u>Statement:</u> ELARC is committed to providing all adult consumers, who may need residential services, with appropriate living options which foster homelike living arrangements and opportunities for meaningful community integration and experiences.</p> <p><u>Activities:</u></p> <ul style="list-style-type: none"> • The Intensive Services Liaison and Service Coordinators will continue to provide information on the array of community living options, including certified FHA homes, Independent Living Services, Supported Living Services, and small group homes as alternatives to living in large group home settings,

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	<p>to all adult consumers and/or their families.</p> <ul style="list-style-type: none"> • Current residential resources, available beds for adults in facilities of < 6 beds, appear sufficient to meet overall needs however in instances where a viable living option is not available, responsible ELARC staff will meet and collaborate with Community Services staff in making known unavailable resources and promote development of such. • ELARC will support development of small community care and intermediate care nursing facilities targeting consumers with medical/healthcare needs. • Continue to collaborate with Community Services and vendors regarding development of facilities 6 or less beds as well as other services and supports designed to maintain the consumer in less restrictive living arrangements. • Placement Coordinator will periodically attend unit meetings, participate in committees and review and disseminate information on less restrictive, more inclusive living options during living options staffing meetings at ELARC. • Consumer and Community Services will continue discussion of resources, grants, and other innovative living options for elderly (i.e., the Green House® Project) and alternatives to nursing facility placements in future.

The following Public Policy Performance Measures are under development for future incorporation in the Performance Contract, upon availability of relevant data from the State of California:

Public Policy Performance Measure	Activities Regional Center Will Employ to Achieve Outcome
Number and percent of adults in supported employment	Under Development by DDS
Number and percent of adults with earned income and average wage (aggregate).	Under Development by DDS
Number and percent of adults in competitive employment.	Under Development by DDS
Access to medical and dental services.	Under Development by DDS
Number of consumers per thousand who are victims of abuse.	Under Development by DDS

Compliance Performance Measures

Compliance Performance Measure
Unqualified independent audit with no material findings
Substantial compliance with DDS fiscal audit
Accuracy percent of POS fiscal projections (based on February Sufficiency of Allocation Report {SOAR})
Operates within OPS budget
Certified to participate in Waiver
Compliance with Vendor Audit Requirements per contract, Article III, Section 10

Compliance Performance Measure	Activities Regional Center Will Employ to Achieve Outcome
Client Developmental Evaluation Report (CDER)/Early Start Report (ESR) Currency	Statement: ELARC will ensure that ESR/CDER information is entered into SANDIS (RC Database) in a timely and accurate manner.

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	<p>Activities: Service Coordinator will enter accurate and current ESR/CDER information for consumers during birth month.</p> <ul style="list-style-type: none"> • Supervisors will monitor accuracy and accountability via the CDER error report. • Utilize a tracking form to alert SCs of ESR/CDERs due the following month.
<p>Intake/assessment and IFSP time lines (0-3). Under Development by DDS</p>	<p>Under Development by DDS</p>
<p>Intake/assessment time lines for consumers ages 3 and above</p>	<p>Statement: ELARC will ensure that intake and assessment time lines for applicants ages three and above are met.</p> <p>Activities: Will continue to maintain timeline compliance throughout the year.</p>
<p>Individual Program Plan (IPP) Development (Welfare and Institutions Code {WIC} requirements)</p>	<p>Statement: All active cases will have a current IPP which is reflective of a person- centered approach and adheres to all WIC requirements</p> <p>Activities:</p> <ul style="list-style-type: none"> • Continue to offer and provide ongoing IPP training and Person Centered Thinking (PCT) training opportunities for all service coordinators • Continue to support organizational changes to implement PCT, piloting an automated PCT IPP, and continued collaboration with Tri Counties Regional Center on PCT learning opportunities. • Continue to implement Medicaid Waiver Training • Supervisors to provide on the job training and support regarding Person Centered Planning and IPP management • Continue to require new staffing training on IPP and Person

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	<p>Centered Thinking</p> <ul style="list-style-type: none"> • Continue to incorporate families and other natural supports into the IPP process. • Conduct one Consumer Services Department meeting dedicated to the IPP and the Lanterman Act.
<p>Individual Family Services Plan (IFSP) Development (Title 17 Requirements)</p>	<p><u>Statement:</u> All Early Start consumers will have a current IFSP which will reflect a family centered approach.</p> <p><u>Activities:</u></p> <ul style="list-style-type: none"> • Implementation of new Individuals with Disabilities Education Act (IDEA) Part C regulations. New policies and procedures will be developed to reflect new regulations. Update interagency agreements with school districts reflecting Part C regulations. • Revision of IFSP format to include a structured family assessment. • Continued training with staff in department meetings on child and family outcomes. • Cross training with Los Angeles County Department of Child & Family Services (DCFS)/RC on Child Abuse Prevention Treatment Act (CAPTA) requirements.