

Eastern Los Angeles Regional Center 2024 Vendor Training Schedule

Cost: Trainings are offered at no cost to Individuals Served and their Family. Vendor cost listed is per person per training.

Capacity: Trainings with capacity are limited to 3 registrants per vendor unless otherwise stated.

Clinical Based Trainings * (Qualifies for CEU) *						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Medications	Medications: In-depth review of medications commonly prescribed to the individuals we service.	July 16, 2024	9:00am to 12:00p	Min: 8 Max: 30	\$20	Remote
Overview of Developmental Disabilities	Overview of Developmental Disabilities: Introduction to Autism Spectrum Disorders, Epilepsy and Cerebral Palsy, Intellectual disabilities and Related Pharmacological Issues.	August 21, 2024	9:00am to 12:00p	NA	\$20	Remote
Preventative Healthcare & Safety Precautions	Preventative Healthcare & Safety Precautions: Overview of health screening and prevention of health complications, preventing falls and choking and diabetes.	September 17, 2024	9:00am to 12:00p	Min: 8 Max: 30	\$20	Remote
Client Rights Workshop (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Client Rights	Client Rights: Understand the rights of people with developmental disabilities and how to best support them in their daily lives.	April 17, 2024 September 24, 2024 *June 13, 2024	9:30am to 11:30am *2:00pm-4:00pm	Min:3	Free	TBD
Special Incident Reporting * (Qualifies for CEU)*						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Special Incident Reporting	SIR Trainings: Topics include, when to report and SIR, appropriate reporting requirements, pertinent information to include in reports. A training certificate will be issued at the end of the training session.	May 2024 November 2024	11:00am to 1:00pm	Min:20	\$20	Remote
Community Integrated Work Program (DOES NOT qualify CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location

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<p>Caring for the Caregiver Series:</p> <ul style="list-style-type: none"> • Handling Caregiver Anger & Stress • Caregiver Burnout & Self-Care 	<p>Handling Caregiver Anger & Stress: Caregivers learn to manage anger and remain calm while managing crisis. Review interventions to avoid and preventative strategies to implement.</p> <p>Caregiver Burnout & Self-Care: Review the role of caregivers and potential susceptibility to Vicarious Trauma; identifying signs and symptoms of Vicarious Trauma and steps to help protect from burn out.</p>	<p>March 28, 2024</p>	<p>1:00pm to 4:00pm</p>	<p>Min: 8</p>	<p>Free</p>	<p>In-Person-Alhambra</p>
<p>High Risk Behavior Series:</p> <ul style="list-style-type: none"> • Managing Self-Harm • Signs/Symptoms of Suicide 	<p>Managing Self-Harm: Learn about self-injurious behavior, replacement behaviors, and therapies/ treatment modalities.</p> <p>Signs and Symptoms of Suicide: Review signs of suicide and processes of evaluating suicide risk. Reasons behind suicide attempts and suicidal ideation are discussed.</p>	<p>May 29, 2024</p>	<p>1:00pm to 4:00pm</p>	<p>Min: 8</p>	<p>Free</p>	<p>In-Person-Alhambra</p>
<p>Community Collaboration</p> <ul style="list-style-type: none"> • Interacting with Law Enforcement • Mental Illness & Psychiatric Hospitalization 	<p>Interacting with Law Enforcement: Communicating with Police Officers in the community and what is expected when law enforcement responds to a call.</p> <p>Mental Illness & Psychiatric Hospitalization: Highlights the difference between various mental illness diagnoses and developmental disabilities. Overview of common mood, anxiety, and psychotic disorders will be provided.</p>	<p>July 23 2024</p>	<p>1:00pm to 4:00pm</p>	<p>Min: 8</p>	<p>Free</p>	<p>In-Person-Alhambra</p>
<p>Crisis Management Series</p> <ul style="list-style-type: none"> • Crisis Prevention & Successful Support • Crisis Intervention Tools & Reactive Strategies 	<p>Crisis Prevention & Successful Support</p> <p>This training will focus on providing caregivers with crisis preventative techniques. The importance of modeling, schedules, and reinforcement systems will be discussed. Crisis Intervention Tools & Reactive Strategies</p> <p>During this training, tools will be provided in assisting caregivers with crisis de-escalation, reinforcement strategies, and approaches to avoid. Attendee interaction and role play will be encouraged. Opportunities for both over-the-phone and face-to-face crisis intervention will be displayed.</p>	<p>September 26, 2024</p>	<p>1:00pm to 4:00pm</p>	<p>Min: 8</p>	<p>Free</p>	<p>In-Person-Alhambra</p>

Person Centered Thinking 2 Day Training * (Qualifies for CEU) *

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Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Person Centered Thinking 2 Day Training <i>Participants must attend both days in order to receive a certificate.</i>	Person Centered Thinking: Training open to the public, including vendors, families, individuals served and ELARC staff. Participants will develop skills in person centered thinking. Vendors completing this training will be noted as a vendor who practices Person Centered Planning approaches.	February 13 & 14, 2024 April 9 & 10, 2024 June 11 & 12, 2024 August 13 & 14, 2024 October 22 & 23,	9:30am to 4:00pm Both Days	Max: 30	\$20	Remote
Person Centered Planning Workshop (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Person Centered Planning Workshop	Person Centered Planning: Training open to the public, including vendors, families, individuals served and ELARC staff. In this workshop, you will learn about: why person centered plans matter and the basic elements of all person centered plans. Person-centered planning is about one's future and reaching their goals. The process should be driven by the person and reflect what is Important to and for that person.	January 17, 2024 March 13, 2024 May 15, 2024 July 17, 2024 September 18, 2024 November 13, 2024	10:00am to 11:30am	Max: 30	Free	Remote
Captin Training (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Captin Training	Captin Training: Evidence Based Practices: Obatin an overview of what is Evidence Based Practices. Visual Supports (VS) Prompting (P) Reinforcement (R)	(VS) February 15, 2024 (P) April 4, 2024 (R) June 6, 2024 (VS) July 3, 2024 (P) September 4, 2024 (R)	10:00am to 11:30am	Max: 30	Free	Remote
Residential Orientation Services (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location

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Residential Orientation Services	<p>Residential Orientation: These sessions are for new residential providers wanting to develop and open their own facility or for those that are seeking to become administrator of a facility.</p> <p>***All Sessions Are Mandatory. Attendees who leave early will not receive full credit for the course.</p>	<p>Spring Session: May 14, 15 & 21, 2024</p> <p>Fall Session: November 12, 13 & 19, 2024</p>	9:00 to 12:30pm	Max: 25	\$100/ person	In- person- Alhambra
Pre-Vendorization Orientation (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Pre-Vendorization Orientation	<p>Pre-Vendorization Orientation: Reviews the vendorization process and all the requirements necessary to become a vendor (including the elements of a program design). These sessions are for potential vendors who have or are planning to open an office within the ELARC Catchment area.</p> <p style="text-align: center;">Attendance for All is optional</p>	<p>Spring Session: March 20& 21, 2024</p> <p>Fall Session: September 18&19, 2024</p>	9:00am to 12:00am	Max: 30	Free	Remote
Zero Tolerance (DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Zero Tolerance; Mandated Reporting	<p>Zero Tolerance: Overview of ELARC commitment in promoting and assuring the health, safety and security of the individuals served by ensuring a “Zero Tolerance” rule regarding abuse or neglect.</p>	<p>March 13, 2024</p> <p>June 12, 2024</p> <p>September 11, 2024</p> <p>December 3, 2024</p>	9:00am to 12:00am	Min: 8 Max: 25	Free	In Person- Alternating between Alhambra/ Whittier
Home and Community Based Services (HCBS)-(DOES NOT qualify for CEU)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
HCBS Final Rule Training	<p>HCBS Final Rule: Provides a history and overview of the HCBS Final Rule. Review of the 10 Federal Requirements that make the Final Rule. Review of the DDS Assessment Process and Remediation Plan. Discussion on steps required to come into compliance with the final rule.</p>	<p>January 31, 2024</p> <p>April 23, 2024</p> <p>July 30, 2024</p> <p>October 22, 2024</p>	10:00am to 12:00pm	NA	Free	Remote

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Home and Community Based Services - Community Of Practice (Qualifies for CEU's)						
Training	Training Description (See Flyer for details)	Date(s)	Time	Capacity	Cost	Location
Deep Dive	Work in small groups to explore what needs to change and what more is possible? A closer look at HCBS requirements and look at practices that will help people in making connections in the community!	January 18, 2024 April 18, 2024 July 20, 2024 October 17, 2024	9:00am to 12:00pm	30	Free	In-Person- Alhambra
Coaching Circles	Coaching circles are an opportunity for you to have conversations with and learn from people who offer the same type of services as you do. These small groups will meet for 90 minutes remotely via zoom.	February 14,15,16 May 16,17 August 22,23 November 21, 22	TBD	NA	Free	Remote
Taking Action	Reflect on what we have tried and learned. You will receive practical resources and tools to create teachable moments within your organization.	March 21, 2024 June 20, 2024 September 19, 2024 December 19, 20024	10:30am to 12:00pm	NA	Free	Remote
Home and Community Based Services - Maintaining Your Compliance (Qualifies for CEU's)						
Description	Date(s)	Time	Capacity	Cost	Location	
Making HCBS Work: Review materials and sample documentation that assist service providers to ensure continuous compliance with federal requirements, ensuring they are closely aligned with the principles of HCBS.	March 19, 2024 May 7,2024 **April 16, 2024 June 18, 2024	9:30am- 1:00pm **10:00am- 1:30 pm	Min:15 Max:20	Free	In-person- Alhambra **Whittier	

*Qualifies for Continuing Education Units (CEU) for Adult Residential Facilities (ARF) and Group Home (GH) Administrators

For more information on a specific training, please reference the individual training flyer on the [Service Provider Calendar](http://www.elarc.org) at www.elarc.org

[Don't see a training you're interested in? Send your suggestion to HCBS Specialist, Karen Sibrainat kasibrian@elarc.org](mailto:kasibrian@elarc.org)