



FIESTA EDUCATIVA, INC

March 30, 2023

Elizabeth Harrell, LCSW
ELARC Community Services Manager

RE: Self-Determination Proposal and Budget

Hello Liz,

First of all, we thank you for the invitation and opportunity to apply for a Self-Determination grant.

Pursuant to your request and instructions we have developed a proposal with a corresponding budget. During this process, through informal inquiries we have learned that in the areas we plan to serve, most families (mainly Spanish-Speaking) know very little and in many cases have never heard about SD.

However when explained to them they show interest. Therefore we welcome the challenge to make a difference with this population.

With much appreciation,

Irene Martinez, MSW
Executive Director

FIESTA EDUCATIVA, INC.
2310 Pasadena Ave Suite 204
Los Angeles, CA. 90031

SELF-DETERMINATION PROPOSAL
Fiscal Year 2022-2023

OUR MISSION

Fiesta Educativa, Inc. founded in 1978, is an organization that provides training and information to latinos families on how to obtain services for all persons with disabilities. It holds several events throughout the year as well as offering direct services to latino families around Los Angeles County. As required in Sections (t){1} and (t){2} of Welfare and Institutions Code (WIC) 4685.5 (known as the Lanterman Act,) regional centers shall..." Contract with local consumer or family-run organizations to conduct outreach through local meetings or forums to consumers and their families to provide information about the Self-Determination Program and to help ensure that the program is available to a diverse group of participants, with special outreach to underserved communities... Collaborate with the local consumer or family-run organizations identified in paragraph (1) to jointly conduct training about the Self-Determination Program."

OUR GOAL

- 1- To inform ELARC families (parents and self-advocates), and to the community at-large (schools and service agencies) about the Self-Determination Program in California.
- 2- To inform at the awareness level how families and self-advocates have the option of selecting Self-Determination and receiving the services of their choice.
- 3- Identify and train 8 parents to become Independent facilitators.
- 4- Develop and initiate the process for FE, Inc. to develop the capacity to create a new service—that of being an Independent Facilitator Provider, which will be linguistically and culturally compatible with the population served.

COMMUNITY ENGAGEMENT AND TRAINING

Plan and conduct (8) Self-Determination workshop "Meet and Greet" sessions to raise awareness in the community regarding SD, designed for Spanish-speaking families who are very underrepresented in the SD program statewide. Training includes specific activities with learning objectives related to key aspects of the Self-Determination program and targeted to specific members of the ELARC Community. Training could include, but not to be limited to:

- New Self Determination Participant Training
- Service Provider Training
- Facilitator Training

INFORMATION AND OUTREACH

Information and Outreach includes activities to help the ELARC community better understand the Self Determination Program. FIESTA EDUCATIVA will host one **(1)** Self Determination Informational Meeting in fiscal year 2022/2023 Sessions will be planned with ELARC and may include speakers from ELARC and/or the community, including but not limited to the State Council on Developmental Disabilities. Informational materials developed by the Department of Developmental Services (DDS) will be used.

AREAS TO BE SERVED

Lincoln Heights, Boyle Heights, El Sereno, Highland Park, the unincorporated Area of East Los Angeles and City of Commerce

PARTIES

ELARC operates under contract with the State of California, Department of Developmental Services ("DDS") and coordinates services for persons with developmental disabilities; FIESTA EDUCATIVA is a non-profit organization, founded in California in 1978 to inform and assist Latino families in obtaining services and in caring for their children with special needs. ELARC and FIESTA EDUCATIVA have historically worked collaboratively at times on providing information to families jointly served by both organizations.

GRADUATION

At the end of the 8 sessions the eight parents will be graduating and receiving a certificate of completion.

BUDGET JUSTIFICATION

Self-Determination

2023-2024

Coordinator: Project Parent Coordinator, parent of an ELARC consumer, is responsible for coordination of activities on site, follow-up on arrangements with speakers and all arrangements for the meeting; coordinating with parent leaders

Parent Outreach Worker: Parent of ELARC consumer, the worker will share position with parent coordinator. The coordinator will provide follow up and outreach activities such as: Recruitment, dissemination of information and materials.

Participants: Parents of ELARC consumers will dedicate time to complete all training in order to become an independent facilitator.

Consultant/Trainer: Will vary from month to month. To be an expert in some specific area of Self-Determination.

Supplies, Postage: Consumables for meeting, office supplies, copying of monthly announcements, postage for mailings and graduation certificates.

Telephone/Internet: Contacting/consultation with parents and coordination activities with speakers, and other outreach activities (telephone & emails blasts), as well as one-on-one technical assistance & training.

Travel (Mileage): Mileage costs (@ .65.5/Mile) for coordinator, Technical Advisor and parent leader.

Zoom: On need basic

Administrative Overhead: Standard percentage for overall administrative cost of project, including the time of Irene Martinez, Executive Director, insurance, accounting and secretarial support.



ELARC SELF-DETERMINATION ONE YEAR BUDGET

2023-2024

Salaries	Role	Rate	Hours		
				\$ -	
Project Coordinator (50%)	Parent Coordinator	\$22.00	1040	\$22,880.00	
Parent Outreach Coordinator (25%)	Outreach	\$18.00	520	\$9,360.00	
	Fringe Benefits/Payroll Taxes				
	FICA		7.65%		
	SUI		6.20%		
	Workers Compensation		6.30%		
	Total Fringe Benefits and Payroll Taxes		20%	\$6,448.00	
Total Salaries					\$38,688.00
Parent SD Trainees					
	(8) Parent Stipends @\$80 each for 8 months			\$6,400.00	
Total Parent SD Trainee Stipends					\$6,400.00
Consultants					
	Consultants	\$85.00	16	\$1,360.00	
Total Consultants				\$ -	\$1,360.00
Other Program Direct Expenses					
	Laptops (2)			\$1,200.00	
	Materials/Supplies			\$2,576.00	
	Printing			\$300.00	
	Telephone/Internet/Fax/Zoom Services			\$1,500.00	
	Facility Rental & Food			\$1,500.00	
	Mileage	2400 @ 65.5 cents		\$157.20	
				\$ -	
Total Supplies					\$5,576.00
SUBTOTAL OF COSTS					
					\$52,024.00
	Overhead at no more than 5%				
	Executive Director (5%)			\$3,000.00	
	Administrative Assistant/Clerical Staff			\$1,976.00	
	Accountant, Payroll, Taxes and Auditor Services			\$2,750.00	
	Insurance			\$250.00	
Total Indirect					\$7,976.00
TOTAL COSTS					\$60,000.00