

ELARC Services and Descriptions

Information and Supports offered by Regional Center	Description	Children Services (3+ years)	Adult Services
Advocacy	<p>The Regional Center provides information and support on generic resources which include but are not limited to the following:</p> <p>Conservatorship: https://selfhelp.courts.ca.gov/conservatorships In Home Supportive Services (IHSS): https://www.cdss.ca.gov/in-home-supportive-services California Children's Services: https://www.dhcs.ca.gov/services/ccs Medi-cal: https://www.dhcs.ca.gov/services/medi-cal/pages/applyformedi-cal.aspx Social Security: https://www.ssa.gov Special Education: https://www.cde.ca.gov/sp/se</p>	✓	✓
Service Coordination	<p>A Service Coordinator is your point of contact at the Regional Center and helps to develop a Person-Centered Individual Program Plan (IPP).</p> <p>Service Coordinators assist in locating and securing the services and supports needed to implement the IPP. A Service Coordinator (SC) is a professional in the area of developmental disabilities who works to stay updated and be knowledgeable about resources, supports, and services in your community. Your Service Coordinator is also a partner with whom you work.</p>	✓	✓
Self Determination	<p>Self-Determination allows participants to choose the services and supports that help to have the kind of life they want. It is different from the traditional way of providing services because it offers more freedom and control over how services are provided. With Self-Determination, participants get to use funds to purchase services.</p>	✓	✓

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Adaptive Skills Training	Addresses global skill domains such as socialization, communication, personal hygiene, self-help, and community integration/participation. Services are designed to teach individuals to become as independent in activities of daily living as one would expect a developmentally typical child of the same age and to teach parents/family how to systematically teach and support their child as they acquire skills leading to greater independence.	✓	✓
Adult Day Centers/Programs	There are several options for adult individuals to go during the day. In these programs, adult individuals learn new skills, socialize, and have care needs met. Some of these programs may specialize in various care needs such as: -Community Integration -Creative Arts -Health Care Needs -Mobile In-home Programs -Volunteerism	✓	✓
Assistive Technology/Tool or Augmentative Communication	Services that assist, adapt and/or modify for the purposes of improving function and independence. These may include: -mobility -vision -communication	✓	✓
Behavior Management Services	Services that provide a variety of health care professionals to address behavioral challenges in various settings. For some of these services the primary funding sources are Medi-Cal or Private Insurance.	✓	✓
Client/Parent Support/Behavior Intervention Training	Services to train the individual's support system, to improve behavior.	✓	✓
Community Integration Training	Services are designed to strengthen the ability of individuals to achieve greater access to community supportive services and activities. Service includes but are not limited to, assistance with maintaining, enhancing, or improving self-help, socialization and adaptive skills which take place in a non-residential setting, separate from the home or facility in which the individual resides.	✓	✓
Coordinated Life Services	A time limited family support to accomplish various activities for individuals that include but are not limited to: guiding various systems in order to secure generic resources such as In Home Supportive Services (IHSS), Medi-Cal, Social Security, and Special Education.	✓	✓
Crisis Intervention Facility/Bed	Temporary 24-hour residential treatment for individuals who are in crisis.	✓	✓

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Crisis Services	Crisis support teams who can mobilize in the community when an individual is in short-term behavioral crisis.	✓	✓
Day Care Services	Services that can provide supervised day-time care to individuals. The regional center may pay only the cost of the day care service that exceeds the cost of providing day care services to a child of the same age without disabilities. The regional center may pay in excess of this amount when a family can demonstrate a financial need and when doing so will enable the child to remain in the family home.	✓	✓
Durable Medical Equipment	Special medical equipment and medical related supplies for individuals medical care needs. These products may include the following: -Diapers -Eye Ware and Hearing Supplies -Mobility Equipment such as Walkers and Wheelchairs -Nutritional Supplies -Orthotics and Prosthetics -Positioning and Adaptive Equipment -Vehicle Modification Programs – do we want this in its own section? -Generic resources must be explored, Medi-Cal, CCS, private insurance – prior to consideration of regional center funding	✓	✓
Employment Programs	There are several services that focus in the areas of helping adult individuals in obtaining employment. There are various levels of supports to meet the individuals employment needs. Some of the employment services may include the following: -Day Programs that offer employment and training -Group Focused Employment Services – Group SEP -Individualized Employment Services – WAP, SEP, CIE, PIP, Micro-enterprise -Generic resources must be explored – Dept of Rehabilitation		✓
Family Home Agency/Family Foster Agency	Certified family homes where individuals reside. The family helps individuals with day-to-day care needs and involves them in their family's activities.	✓	✓

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Fiscal Management Service	<p>Provides fiscal management services to participant directed services and Self Determination. They can provide both co-employer or fiscal/employer agent (F/EA). Co-employer hires and pays the staff; F/EA assists in the payroll process but the Participant Directed or Self Determination individual is the employer.</p> <p>Participant-Directed Services allow an individual's parent or trusted community member to coordinate services and staff to meet the care need of the individual. Parent Directed Services are available for Day Care, Respite, Camp, Non-Medical Transportation, Nursing, Community-Based Training, personal assistance, Independent Living Services, and Supported Employment.</p>	✓	✓
Health Care Facilities	<p>Facilities that can provide skilled nursing services and inpatient care to an individual who would not be able to live on their own or in a care home due to the severity of their care needs.</p> <p>-Generic resources must be explored, Medi-Care, Medi-Cal, CCS, private insurance, or DCFS - prior to consideration of regional center funding</p>	✓	✓
Home Health Supports	<p>Health care services provided in an individuals home. These services may include the following:</p> <ul style="list-style-type: none"> -Chore services -Home Health Aide -Nursing services 	✓	✓
Homemaker Services	<p>Services designed to maintain, strengthen, or safeguard the care of individuals in their homes. Agencies will employ, train, and assign personnel to do this.</p>	✓	✓
Independent Living Services	<p>Training for adult individuals to learn and improve home and community life skills. Services may be provided in the consumer's home, family home or residential facility.</p>		✓
Medical Specialists and Professionals	<p>Regional Centers can contract with various medical professionals to aide in the special health care needs of individuals. Some of these specialists may include the following:</p> <ul style="list-style-type: none"> -Audiologists/Optometrists -Dentists -Dieticians -Genetic Counselors -Nurses -Psychologists/Psychiatrists -Surgeons/Physicians -Medication/Pharmaceutical 	✓	✓

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Mobility Training	Services to help individuals learn to use public transportation in their community. This can help increase independence in the community.		✓
Out-of-Home Respite Services	Services that provide intermittent or regularly scheduled breaks from daily care needs of an individual to their family or caregiver. This respite occurs outside of the family home.	✓	✓
Parenting Support Services	Services provide skill enhancement and/or support to individuals (and /or their children) who are parents or will become parents. Service will equip individuals to help raise their children in a safe and stable family environment.		✓
Personal Assistance Services	Services are defined as individualized assistance with activities of daily living that directly benefits the individual by providing support. Services are not considered skill development.	✓	✓
Pharmaceutical Services	Services that allow regional centers to purchase medications for consumers when they are unable to access health care insurance. Generic resources such as private health insurance, CSS, Medi-Care, and Medi-Cal must first be explored and exhausted.	✓	✓
Residential Care Homes	Care homes can provide a safe place for individuals to live. They are licensed homes that have 24-hour support staff. There are several different kinds of care homes that support the unique needs of each individual. Some of these homes may include: -Behavioral Care Needs -Children and Adult Care Homes -Elder Care Needs -Medical Care Needs	✓	✓
Respite Services - In the Home	Services provided in the family home which can offer a caregiver or family member a break from the daily care needs of an individual. Nursing respite is also available. The in-home respite assessment tool must be used to determine number of hours	✓	✓
Social/Recreational Services and Non-Medical Therapies	Regional centers can offer various ways for individuals to have recreational opportunities and promote wellness through various methods. Generic resources should first be explored. There should be consideration of cost-effectiveness when choosing an appropriate program.	✓	✓
Social Skills Services	These time-limited services help to improve interpersonal and social interactions. Service uses a detailed curriculum with measurable outcomes. Floortime™ is a specific technique to both follow the child's natural emotional interests (lead) and at the same time challenge the child towards greater and greater mastery of the social, emotional and intellectual capacities.	✓	

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Sex Education	Provides the education, support, and guidance they need on topics related to puberty, sexual behavior, romantic relationships, socially appropriate behavior, etc.	✓	✓
Supplemental Program Supports	Additional staff that are added to an individual's support system when they are in crisis or need additional supports to continue using the services they are receiving. These services are typically in place temporarily until the consumer is no longer in need. These supports may be used in the following areas: -Day Program -Residential	✓	✓
Supported Living Services	Services provided to individuals who live on their own who need up to 24-hour support.		✓
Therapies	Regional centers can provide some therapies specific to individual's specialized needs. These therapies may include: -Counseling -Occupational Therapy -Physical Therapy -Respiratory Therapy -Speech Therapy Generic resources such as private health insurance, CSS, Medi-Care, and Medi-Cal must first be explored and exhausted.	✓	✓
Translator/ Interpreter Services	Services to help individuals and their families communicate when they speak a language other than English.	✓	✓
Transportation	Regional centers offer a variety of options to help individuals access the community when they are unable to do so on their own. Some of these options may include: -Family Member Paid Transportation -Medical Transport -Specialized Transportation -Public Transportation such as Taxi or the City Bus -Bus Pass -Access Coupons -Driving Training Programs Generic resources must first be explored and exhausted.	✓	✓

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