



**MENTAL HEALTH AND  
WELLNESS FOR PERSONS  
WITH DEVELOPMENTAL  
DISABILITIES**

**FOCUS  
GROUP**

**WE WANT TO HEAR FROM YOU...**

Join Us for a Focus Group and Open Discussion on Mental Health and Wellness Needs

This is an opportunity to:

- Share challenges and successes
- Assist in Identifying needs and services
- Hear from other participants and make connections



**When:  
Tuesday  
May 9, 2023**

**Group One:  
10am - 11am  
Group Two:  
6pm - 7pm**

**Location: Zoom  
Please contact  
[lvaldovinos@elarc.org](mailto:lvaldovinos@elarc.org)  
to register by:  
May 6, 2023**

Both sessions will be held via Zoom only. Participants must have ability to log into a computer to:

1. Be able to access video to see visuals on screen
2. Have audio for engagement throughout the discussion

This discussion will be held in English. If you wish to participate in a language other than English, please make your request with Elisa Salazar at [esalazar@elarc.org](mailto:esalazar@elarc.org) or (626)299-4772 two weeks prior to the event to allow sufficient time for ELARC to make every attempt to meet your request.

Good Training \* Strong Partnership \* Better Service