



MODULE 1

Introduction



History Of Self-Determination

Lanterman Act to Present

Lanterman Developmental Disabilities Services Act (the Lanterman Act) passed into law.

People with developmental disabilities and their families have a right to get the services and supports they need to live like people who don't have disabilities.

1969

1998

2000-2013

Pilot project extended.

The Self-Determination Law passed to pave the way to make Self-Determination available at all regional centers.

2013-2018

The Self-Determination Program waiver is approved by the Centers for Medicare and Medicaid Services (CMS) for an initial 3-year implementation period.

After the 3-year implementation period, the program would be available to ALL eligible individuals. 2,500 participants are selected October 1, 2018.

2018

2019

Self-determination is available to any person being served by a regional center over the age of 3 years, is eligible to participate in the self-determination program!

2021- July 1st, 2021

The Lanterman Act is amended.

A 2-year pilot project mandated to examine self determination. Five Regional Centers, of which **ELARC** was one, participate in the pilot. Guided by a Local Advisory Committee ELARC identified 32 individuals for the pilot.

State prepares to launch self-determination.



A second group of participants are selected on November 22, 2019.



Rights Of Individuals With Developmental Disabilities



You have the right to wear your own clothes. You should be able to pick the clothes you wear.



You have the right to keep your own things in a private place that you can get into when you want.



You have the right to see your friends, family, girlfriends or boyfriends every day.



You have the right to use the telephone privately to make or get calls.



You have the right to have paper, stamps and envelopes for writing letters. You have the right to mail and get letters that are not opened.



You have the right to say "NO" to electric shock therapy.



You have the right to say "NO" to anybody trying to change the way you act by hurting you, scaring you or upsetting you.



You have the right to say "NO" to brain surgery that people want to do because of the way you act.



You have the right to choose how you want to spend your free time and who you spend it with.



You have the right to services that help you live, work and play in the most normal way possible.



You have the right to keep and spend your own money on the things that you want and to keep and use your own things.



You have the right to be treated well and with respect.



You have the right to spend time alone or alone with a friend.



You have the right to go to school.



You have the right to see a doctor as soon as you need to.



You have the right to be involved in a religion if you want to be.



You have the right to meet people and take part in your community activities.



You have the right to exercise and have fun.



You have the right to say "NO" to things that will put you in danger.



You have the right to make choices about where you live, who you live with, the way you spend your time and who you spend your time with.



You have the right to say "NO" to drugs, being tied or held down, or being forced to be alone unless it is necessary to protect you or someone else.



You may have other rights as provided by law or regulation.



My Notes & Next Steps

Support Authority
Freedom Responsibility
CONFIRMATION
