

A message from YOUR Consumer Advocate



Eastern Los Angeles
Regional Center

Hello!

My name is Patrick and I am your Consumer Advocate, my job is to assist you in living your best life, my role in the Consumer Advisory Committee, (CAC) is to bring to you the topics you want to learn more about to you in a way that helps inform and educate you. The CAC is for consumers led by consumers. The goals of the CAC are to empower Regional Center consumers to learn about their rights through the Lanterman Act, to learn how to find their voice through self-advocacy and to develop community leaders. The CAC is a place you can ask questions and find answers in an understanding community where together we embrace challenges, celebrate successes, and motivate each other to make an impact on those around us and in our community.

I hope you will consider attending one of our meetings.

Respectfully,

Patrick

Consumer Advisory Committee



**FOR adult consumers,
run BY adult consumers!**

Eastern Los Angeles
Regional Center
(626) 299-4700 | www.elarc.org



The CAC is all about YOU!

The CAC believes that individuals with developmental disabilities have the right to:

- ★ *independence and self-determination*
- ★ *go anywhere they want to go*
- ★ *have meaningful employment*
- ★ *have friends and relationships*
- ★ *live where they want*
- ★ *the freedom of choice*

The CAC believes that this will result in people with developmental disabilities:

- ★ *becoming **LEADERS***
- ★ *having more **CONFIDENCE***
- ★ *making contributions to others within the **COMMUNITY***

What is the CAC?

The CAC is the Eastern Los Angeles Regional Center Consumer Advisory Committee. This committee is made up of adult individuals who are served directly by the Eastern Los Angeles Regional Center.

What happens at a CAC meeting?

At our CAC meetings we discuss topics important to us through a guest speaker. We will also celebrate success, and support each other in challenging times. We also get to meet other people, make friends and have fun.

If you have any questions, please contact Consumer Advocate Patrick Schattilly by phone (626) 299-4854 or by email pschattilly@elarc.org for the zoom link and to join our mailing list so you don't miss out on all that happens at your ELARC CAC..

For information about upcoming meetings, please visit the Consumer Advisory Committee page on our website:

www.elarc.org/governance/advisory-committees/consumer-corner