

Eastern Los Angeles Regional Center

Home and Community Based Services (HCBS)

HCBS Assessments for the Self Determination Program (SDP)



4 Key Principles Essential for Compliance with the HCBS Final Rule:

Choices: Is the right, power, or opportunity to choose; option.

Rights: A person’s right is that which is morally, legally, or ethically proper.

Opportunities: Opportunity is a good position, chance, or prospect, as for advancement or success; “a set of circumstances that makes it possible to do something”.

Integration: Integration is to give or cause to give equal opportunity and consideration to.

For additional information on HCBS visit the following:

- [ELARC](#)
- [DDS](#)
- [CMS](#)

Contact ELARC’s HCBS Evaluator for support or questions regarding HCBS:

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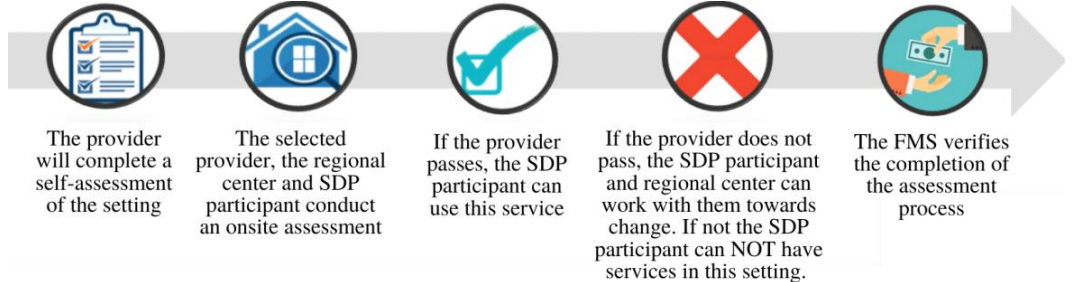
What is the SDP?

The Self-Determination Program (SDP) is designed so that SDP Participants are included in their community. The services and supports SDP Participants choose must allow them to live, work and play in places where they have choices and decide how they spend their time and who they spend their time with. These are also things required by the federal government through the Home & Community-Based Services (HCBS) Final Rule.

What does this mean for SDP Participants and Service Providers?

All services funded by the SDP will be evaluated to identify if the service is in a settings designed primarily or exclusively for individuals with disabilities and/or if it is a service that is provided as part of a group of other people with disabilities. If it is, the services must be assessed for compliance with the HCBS Final Rule before an SDP participant can start service there.

Assessment Process



Assessment Tools

- [DDS Self-Assessment](#)
- [SDP HCBS Provider Site-Assessment](#)

Please discuss this agenda topic with your team and identify any questions, concerns or comments about the topic. Provide address your feedback and questions to [Lizette Villa](#). Thank you.