



EASTERN LOS ANGELES REGIONAL CENTER

1000 S. FREMONT AVE. ● P.O. BOX 7916 ● ALHAMBRA, CA 91802-7916 ● (626) 299-4700 ● FAX (626) 281-1163

ELARC Self Determination Local Advisory Committee November 5, 2019 Meeting Notes

Members Present: Cathay Liu, Josefina Nieves, Yougeng Sun, Virgilio Orlina, Jocabed Garcia

Members Absent: Carl Blum, Carola Maranon, Mei Ye

ELARC Staff: Vivian Lau, Liz Ornelas, Brendali Maldonado

State Council on Developmental Disabilities (SCDD) Los Angeles Office Staff: Julie Eby-McKenzie

Welcome and Introduction

The meeting was called to order at 6:05pm by Virgilio Orlina, Chair.

ELARC Executive Director, Gloria Wong was unable to attend meeting due to medical appointment.

Community Input

- Fiesta Educative - shared information on informational workshop on Saturday, November 23rd, 2019 from 10:30am-12:30pm at the Asian Youth Center. Workshop is called "Discovering Your Worth" for 18 years old + self-advocates and their parents. Provided save the date for upcoming Mini Conference on January 25th, 2020 from 8:30am-1:30pm.
- Julie Eby-McKenzie, State Council - shared information on free Independent Facilitator trainings in collaboration with Lanterman Regional Center. Spanish session will be on Wednesday, January 8th, 2020 and English session will be on January 15th, 2020 from 9:30am-5:30pm at the Frank D. Lanterman Regional Center. Total space = 108. Julie also shared that State Council is in the process of developing a 5 year plan (2022-2026) and would like to obtain public comments. Comments may be provided via an online survey on the SDCC website, time to complete survey will take about 5-10 minutes.

Approval of the Agenda and Minutes

- Agenda and minutes were approved.

Statewide Efforts

- DDS updates:
 - On October 1, 2018, the Department selected 2,500 individuals to participate in the Self-Determination Program (SDP). Since then, of the 2,500 individuals initially selected, more than 450 have informed their regional center that at this time, they do not wish to participate in SDP. On November 22, 2019, the Department will select additional individuals for the SDP. To be considered for selection, the names of individuals who have attended an SDP informational meeting must be submitted to the Department by November 15, 2019.
 - The November 22, 2019 selection will be prioritized on the following:
 - The total number of participants at each regional center is consistent with the relative percentage of total consumers served by all regional centers;
 - Individuals who are age 42 years and older;
 - Siblings of individuals who were previously selected for SDP;
 - Members of SDP local volunteer advisory committees (as of October 8, 2019) or their family members;
 - Maintain as close as possible the relative ethnic diversity within each regional center catchment area.
 - A prior update noted that individuals selected on October 1, 2018 to participate in the Self-Determination Program (SDP) must complete an orientation by November 15, 2019. However, that date has been extended to December 6, 2019. Individuals who do not complete an orientation by December 6, 2019 will not be able

to continue in SDP at this time, unless there are extenuating circumstances that prevent completion of an orientation. Those who do not complete an orientation may choose to be considered for selection or enroll in the future. The Department has sent out letters to inform the participants the completion of an orientation is a requirement for all participants in the SDP.

ELARC Implementation

- Orientation:
 - Self Determination orientations have been scheduled on 2019 of August 27th, September 23th, October 28th, November 13th and 2020 of January 22nd. Orientations may be taken half day or full day in order to accommodate participants' work schedules. ELARC is also offering 1:1 orientations (home visits) to participants as needed.
 - Participant current status: 76 participants have completed Orientation; 27 requested to be removed; 4 contemplating removal; 3 closed/deceased
- Informational Sessions:
 - Upcoming ELARC SDP informational session is scheduled for November 12th, 2019 from 5-7pm at the ELARC Alhambra office. Session will be in Spanish.
- Person Centered Planning:
 - Liz Rodgers, Autism Specialist & PCT Trainer and Karen Sibrian, Person Centered Practices Coordinator: Provided SD PCP Workshops in June, July, August, September, and October to review different types of person centered plans with SD participants. Upcoming ELARC SDP Person Centered Planning workshop will be on November 20th, 2019 from 9am-12pm at the ELARC Alhambra office.
 - ELARC developed a Self Determination Person Centered Planning Services Payment/Reimbursement Request Form for and will be translating the document into Chinese, Spanish, Vietnamese, and Korean.
- Independent Facilitators:
 - Partnering with Family Resource Center – ELARC continues to provide SD information to expand SD corner to display information on SDP events and resources.
 - State Council shared there is a list of 30 Independent Facilitators posted on its Facebook page.
- Financial Management Service (FMS):
 - Reviewed SDP webpage on the Department website to check for updated list of FMS providers
- Community Resources:
 - DDS Self Determination Program newsletters are shared with ELARC staff via intranet.
 - Autism Society Los Angeles and Disability Voices United - Statewide Conference on Self Determination Program on November 15-16th, 2019 from 9am-4pm at the DoubleTree by Hilton Los Angeles Westside.
- ELARC SDP 2019 Review:

SD Info Sessions	SD Orientations	SD PCP Workshops
7/29/2019	5/2/2019	6/24/2019
8/13/2019	5/7/2019	6/28/2019
9/26/2019	5/16/2019	7/31/2019
10/30/2019	5/23/2019	8/27/2019
11/12/2019	6/12/2019	9/25/2019
	6/27/2019	10/15/2019
	7/15/2019	11/20/2019
	8/27/2019	
	9/23/2019	
	10/28/2019	
	11/13/2019	
	1/22/2020	

Planning for Next Year: Suggestions from Community Members on Support for Individuals/Families

- Offer trainings on Saturdays
- Create online orientations to make it easy for families to watch and re-watch
- Provide step by step guide on SDP process
- Provide additional trainings on budget calculation and billing
- Provide examples of good person centered plans
 - o A few pages long
 - o Different age range
 - o In Spanish

Questions / Comments:

- After the orientation, what is the next step?
 - The Self Determination Program offers flexibility thus the process is different for everyone. Some may start on the person centered plan, others may start on the budget. There is a flowchart posted on the Department website as reference to provide guidance for the overall process.
- Why has it taken weeks to set up an appointment with my Service Coordinator?
 - ELARC will follow up with case supervisor and review case information to support family.
- What information is needed to complete the Self Determination Person Centered Planning Services Payment/Reimbursement Request Form?
 - 1) a copy of the Person-Centered Plan
 - 2) the invoice that shows person-centered planning service has been delivered as agreed to by the SDP participant
 - 3) proof of payment to the service provider (copy of cleared check/redacted credit card statement/receipt demonstrating I have rendered payment to provider)
 - 4) proof that the service provider has received training or certification in the person centered planning /facilitation process.
- What is the reimbursement amount and how long will it take to get payment?
 - The Department has set the rate between \$25-\$75/hour or a flat rate of \$2,500. Payment will take about 1-2 months. If the amount exceeds \$2,500, RCs must contact the Department.

2020 Meeting Dates:

- o January 28th, April 7th, June 23rd, September 22nd, November 17th

Meeting dates and topics are subject to change.

Next Meeting: January 28, 2020.

Meeting adjourned at 7:45 pm.