



## ***EASTERN LOS ANGELES REGIONAL CENTER***

1000 S. FREMONT AVE. ● P.O. BOX 7916 ● ALHAMBRA, CA 91802-7916 ● (626) 299-4700 ● FAX (626) 281-1163

### **ELARC Self Determination Local Advisory Committee January 28, 2020 Meeting Notes**

**Members Present:** Carl Blum, Josefina Nieves, Carola Maranon, Mei Ye, Virgilio Orlina

**Members Absent:** Cathay Liu, Yougeng Sun, Jocabed Garcia

**ELARC Staff:** Gloria Wong, Vivian Lau, Brendali Maldonado, David Castaneda

**State Council on Developmental Disabilities (SCDD) Los Angeles Office Staff:** Julie Eby-McKenzie

#### **Welcome and Introduction**

The meeting was called to order at 6:05pm by Virgilio Orlina, Chair.

#### **Community Input**

- Julie Eby-McKenzie, State Council on Developmental Disabilities - shared upcoming seminar: Digging Deeper into Self-Determination. The seminar is designed for people who have a good basic understanding of self-determination and still have questions about how it works. This is not an introduction to self-determination. This is also not the orientation that needs to take place at the Regional Center.

#### **Date/time/location:**

February 10, 2020 from 9am-1pm, ELARC Boardroom (In English)

February 14, 2020 from 9am-1pm, ELARC Boardroom (In Spanish)

- Julie also shared that State Council is in the process of developing a 5 year plan (2022-2026) and would like to obtain public comments. Comments may be provided via an online survey on the SDCC website, time to complete survey will take about 5-10 minutes.

#### **Approval of the Agenda and Minutes**

- Agenda and minutes were approved.

#### **Statewide Efforts**

- DDS updates:
  - The Department set aside funding to support the Local Advisory Committees. DDS will be giving RCs directives in the utilization of the funds. It is anticipated that ideas shared at the Local Advisory Committees will be used as input to support the Self Determination Program.
- Second Selection:
  - **November 22, 2019** - DDS selected additional individuals to participate in the Self-Determination Program (SDP).
  - **December 4, 2019** - DDS provided names of the selected individuals to RCs. The Department mailed notification letters to all individuals selected to communicate they can each start the enrollment process and attend an orientation at their regional center. Those who have not been selected to participate will remain on the list and the Department will continue to collect and add names of those interested in the program for potential subsequent selections.
  - **December 9, 2019** - ELARC developed and mailed out notification letters to selected individuals to inform them of the next steps and provided resources (link to ELARC and DDS websites) to learn more about SDP. A flyer for the upcoming SD orientations and a copy of the one page profile were also

included in the mailer. Notification letter, orientation flyer, and one page profiles were provided in the individual's native language.

- **ELARC - 36 individuals were selected for the second selection (22 English, 10 Spanish, 4 Chinese)**

### **ELARC Implementation**

- Orientation:
  - Self Determination orientations have been scheduled on January 22<sup>nd</sup>, February 24<sup>th</sup>, March 18<sup>th</sup>, April 21<sup>st</sup>, May 21<sup>st</sup>, and June 23<sup>rd</sup> for 2020. Orientations may be taken half day or full day in order to accommodate participants' work schedules. ELARC is also offering 1:1 orientations (home visits) to participants as needed.
    - As of 1/22/2020, 3 out of 36 participants/family members from second selection have attended the January SD orientation.
  - Participant current status: 76 participants have completed Orientation; 28 requested to be removed; 3 contemplating removal; 3 closed/deceased
- Informational Sessions:
  - Upcoming ELARC SDP informational session is scheduled for:
    - February 18<sup>th</sup>, 2020 from 2-4pm at the ELARC Alhambra office. Session will be in Spanish.
    - March 16<sup>th</sup>, 2020 from 9-11am t the ELARC Alhambra office. Session will be in Chinese.
- Person Centered Planning:
  - Upcoming ELARC SDP Person Centered Planning workshop will be on January 30<sup>th</sup>, 2020 from 9am-9am-12pm at the ELARC Alhambra office.
- Independent Facilitators:
  - Partnership with Family Resource Center – ELARC continues to provide SD information to expand SD corner to display information on SDP events and resources.
  - State Council shared there is a list of 30 Independent Facilitators. ELARC is also collaboration with State Council to provide a half day seminar (Digging Deeper into Self-Determination) for self-advocates and families who are interested to learn more about the Self Determination Program.
- Financial Management Service (FMS):
  - Reviewed SDP webpage on the Department website to check for updated list of FMS providers
- Community Resources:
  - DDS Self Determination Program newsletters are shared with ELARC staff via intranet.

### **Questions / Comments:**

- How will ELARC be using the funds provided by DDS?
  - Parameters will be provided by DDS before planning begins.
- Possible barrier for delay might be due to the budget rate adjustment and budget calculator adjustment
  - DDS is working on updating the budget calculator with a workgroup and is pending finalization.
- Families are hesitant to learn more about the program as staff at Whittier office does not seem to be supportive of the program.
- How is SDP information being distributed to families?
  - SCs are the point of contact to obtain information about SDP. Information on the ELARC website regarding the program may be a source. ELARC is also having monthly SD Informational sessions to promote the information to individuals and families.

### **2020 Meeting Dates:**

- January 28<sup>th</sup>, April 7<sup>th</sup>, June 23<sup>rd</sup>, September 22<sup>nd</sup>, November 17<sup>th</sup>

*Meeting dates and topics are subject to change.*

**Next Meeting:** April 7<sup>th</sup>, 2020

**Meeting adjourned at 7:30 pm.**