



ELARC CONSUMER ADVISORY COMMITTEE NOTES

Date of Meeting: November 21, 2017

In Attendance

CAC Chair: Virgilio Orlina

CAC Vice Chair: N/A

Guests present: Anthony Reyes, Marisol Guerrero, Thomas Sandoval, Jesse Perez, Marianne Guzman, Bryan Salazar, George G., Alicia Guerrero, Gisel Robles

ELARC Staff: Jesse Padilla, Brendali Maldonado, Roxy Ortiz, Mary Hosokawa

Consumer Advocate Report – Jesse Padilla

➤ Self Determination update by CAC Chair Virgilio Orlina

- November 7, 2017 Advisory meeting. Liz Harrell, ELARC Supervisor of Information and Training was guest as well as Service Coordinator, David Castañeda. Liz Harrell provided an overview of the DDS power point. Waiver application has not been resubmitted to the federal government yet. ELARC will continue outreach. The next advisory meeting will be on February 6, 2018

➤ Consumer Advocate, Jesse Padilla, gave his Consumer Advocate Report

- One of the things ELARC is focusing on right now is getting Service Providers to apply for the Paid Internship Program (PIP) and Competitive Integrated Employment (CIE). To be able to provide PIP and CIE support to consumers. The goal is to have consumers working in real jobs.
- ELARC held its two Performance Contract meetings in August to release their budget information and data to the public. This information is available online on our website. On October 25th, we had a Purchase of Service Disparity Public Meeting (POS). POS are the funds that are sent out to pay for the services you receive such as ILS Supported Employment, Day programs etc.
- As of 2017 we added two new positions as Person Centered Coordinators. The Eastern Los Angeles Regional Center's Person Centered Practices Coordinator positions were created through the ABX 2-1 Funding as part of the ELARC POS Equity Projects. The Person Centered Practices Coordinators are responsible for supporting the agency work of enhancing and building relationships with ELARC's diverse community by facilitating the application of Person Centered Practices to casework.
- The City of Los Angeles' Police Department, Department on Disability, Emergency Management Department and Information Technology Agency have given out a public notice call to interested individuals to be stars in a Run Hide Fight practice film as an Extra actor. On Monday, December 11, 2017 from 7:00 am to 5:00 pm. Here is the person to contact for more information and to participate at richard.ray@lacity.org.
- For the next item on the agenda will move forward to discuss the Executive Director's report; Name one topic you would like for Gloria Wong to focus on when she comes to our January CAC meeting 2018.
- What is one topic/item you want Executive Director's to focus on. Here are some topics for example;
 - Self Determination
 - How will the Budgets effect your services for next year
- Purchase of Services that was spent for 2017 and/or disparity.

- Consumer Advocate, Jesse Padilla asked the members what one thing would they like the Executive Director, Gloria Wong to focus in her January Report.
- Outcome:
 - *How will the budget affect services?*(11 votes)
- Comment: One member thought his agency (his 'educator') needs more information on POS. Election for Vice Chair tabled until future meeting due to not having the required quorum for an election

➤ **Special Presentation – Emergency Preparedness by Jesse Padilla**

Presentation Highlights:

- How to prepare for an Emergency/Disaster
 - Have a well-stocked emergency backpack that you check monthly for spoilage
 - Use the Think, Plan, Do approach to help organize and be ready for an emergency
- How to use the Feeling Safe, Being Safe Workbook
 - Video shows how to make your own plan and how to fill a magnet with personal information that can be helpful in an emergency
- How to stay safe during earthquakes
 - Identify safe places in each room of the house
 - Conduct practice drills with family members and personal care staff
 - Agree in advance where to reunite after the earthquake
 - Secure breakable objects
- How to prepare an Emergency backpack
- Jesse demonstrated his personal emergency backpack with all its contents

Members' comment/questions:

Q: Should one call Service Coordinator or service provider in an emergency?

A: Depending on the situation in most cases best to call 911

Q: Where can one get an emergency backpack? Does DDS provide one?

A: You can check the local fire department. You can contact DDS directly by going to ELARC website and clicking on link (Jesse demonstrates)

One member shared the importance of a special cell phone charger that can be purchased at Target

Announcements/ Burning Issues

No announcements or burning issues.

Next Meeting

The next meeting will be on Tuesday, January 16, 2018 4:00pm held in our Alhambra and Whittier via videoconferencing. The topic will be on *Mobility Training*.

OTHER ELARC COMMITTEES and UPCOMING MEETINGS

CAC	March 20, 2018	4:00pm-6:00pm	Video Conference: Both Alhambra and Whittier Boardrooms
ELARC Board	February 13, 2018	6 pm	Alhambra Boardroom
VAC	January 25, 2018	10:00am - 11:30am	Video Conference: Both Alhambra and Whittier Boardrooms

GLOSSARY OF ABBREVIATIONS

ARCA:	Association of Regional Center Agencies
ASA:	Autism Society of America
BOD:	Board of Directors
CAC:	Consumer Advisory Committee
CPAD:	Chinese Parents Association for the Disabled
CMSD:	ELARC Community Services Department (Resource Development and Quality Assurance)
CSD:	ELARC Consumer Services Department (Service Coordination)
DDS:	Department of Developmental Services
ELARC:	Eastern Los Angeles Regional Center
FAC:	Family Advisory Committee
FRC:	Family Resource Center
GHL:	Guide to Healthy Living
I & T:	ELARC Information and Training Unit
OPS:	Regional Center Operating Budget
PICI:	Partners in Community Inclusion
POS:	Regional Center Purchase of Service Budget
SD:	Self-Determination
TASK:	Team of Special Advocates for Kids
VAC:	Vendor Advisory Committee
VLF:	Vendor Leadership Forum