



EASTERN LOS ANGELES REGIONAL CENTER

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ELARC Self Determination Local Advisory Committee September 3, 2019 Meeting Notes

Members Present: Carl Blum, Carola Maranon, Cathay Liu, Mei Ye, Virgilio Orlina, Yougeng Sun

Members Absent: Josefina Nieves, Jocabed Garcia

ELARC Staff: Gloria Wong, Vivian Lau, Karen Sibrian, David Castañeda, Brendali Maldonado, Liz Ornelas

State Council on Developmental Disabilities (SCDD) Los Angeles Office Staff: Julie Eby-McKenzie

Welcome and Introduction

The meeting was called to order at 6:05pm by Virgilio Orlina, Chair.

Community Input

Yvette Baptiste, Executive Director of Eastern Los Angeles Family Resource Center provided information on collaboration with ELARC to host a Self Determination information corner at Resource Center

Wendy Shoef, representative from Autism Society provided information on upcoming SD Conference on November 15th and 16th

Julie Eby-McKenzie, State Council, shared about 500 individuals attended the Independent Facilitator trainings
Fiesta Educative, provided information on Family Mentor Program in how to help families get services from the Regional Center and obtain generic resources/referrals

Approval of the Agenda and Minutes

- Agenda and minutes were approved.

Statewide Efforts

- Statewide Self Determination Advisory Committee Meeting to include additional participants, parents, RC representatives to engage in grassroots efforts

ELARC Implementation

- Orientation:
 - Self Determination orientations have been scheduled on 2019 of August 27th, September 23th, October 28th, November 13th and 2020 of January 22th. Orientations may be taken half day or full day in order to accommodate participants' work schedules. ELARC is also offering 1:1 orientations (home visits) to participants as needed.
 - Participant current status: 72 participants have completed Orientation; 27 requested to be removed; 9 contemplating removal; 2 closed/deceased
- Person Center Planning:
 - Service Coordinators continues to conduct One Page profile PCP with families
 - Liz Rodgers, Autism Specialist & PCT Trainer: Provided 2 day Introduction to Person Centered Thinking training sessions in June and August. Upcoming Workshop: October 29th and 30th.
 - Liz Rodgers, Autism Specialist & PCT Trainer and Karen Sibrian, Person Centered Practices Coordinator: Provided SD PCP Workshops in June, July, and August to review different types of person centered plans with SD participants. Implementation of SD PCP Workshops started in June and are scheduled to be ongoing, once per month

- Independent Facilitators:
 - Partnering with Family Resource Center – ELARC have provided SD information to expand SD corner. Family Resource Center will also include information on Independent Facilitators/ PCP Resources
 - Autism Society – shared information on Free Intensive Independent Facilitators Training for Diverse Individuals: Dates September 20th, October 4th, and October 6th
- Financial Management Service : FMS
 - Premier completed vendorization process with ELARC. Community Interface and Accredited pending vendorization
 - Updated list of FMS providers may be found on the DDS website

Presentation: Karen Sibrian – Person Centered Practices Coordinator

- Karen provided an overview of the Person Centered Planning Workshop
- The Person Centered Planning Workshop is for Self Determination participants and their circle of support, to learn more about the foundational elements of any person centered plan as well as examples of different plan types.
- The workshop is designed to provide clear understanding of why person centered plans are important, as well as to provide participants an opportunity to clearly define the foundational information that should be in any person centered plan.
- Different types of person centered plans reviewed during workshop:
 - One Page Profile
 - Liberty Plan
 - Path Plan
- 4 foundation elements when developing a person centered plan:
 - What people like and admire about me
 - What is important to me
 - How to best support me
 - People I prefer to support me
- Reviewed samples of completed One Page Profiles and provided brief explanation in how to fill out the One Page Profile
- Summary of Workshops:
 - Since June/2019, 4 Person Centered Workshops were completed
 - 26 attendees
 - Overall most shared information learned from workshop helped increase their understanding in person centered planning and was of value to them
 - Will continue to have one workshop per month to support individuals and families interested in learning more about person centered planning

Questions / Comments:

- Mei Ye, Chinese Parent Association for the Disabled have One Page Profile workshops for families

2019 Meeting Dates:

- November 5, 2019

Meeting dates and topics are subject to change.

Next Meeting: November 5, 2019.

Meeting adjourned at 7:20 pm.