



## 4 Key Principles Essential for Compliance with the HCBS Final Rule:

### Choices

Choice is the right, power, or opportunity to choose; option.

### Rights

A person's right is that which is morally, legally, or ethically proper.

### Opportunities

An opportunity is a good position, chance, or prospect, as for advancement or success; "a set of circumstances that makes it possible to do something".

### Community Integration

Integration means to give or cause to give equal opportunity and consideration to.

## Home and Community Based Services (HCBS) May Agenda Item

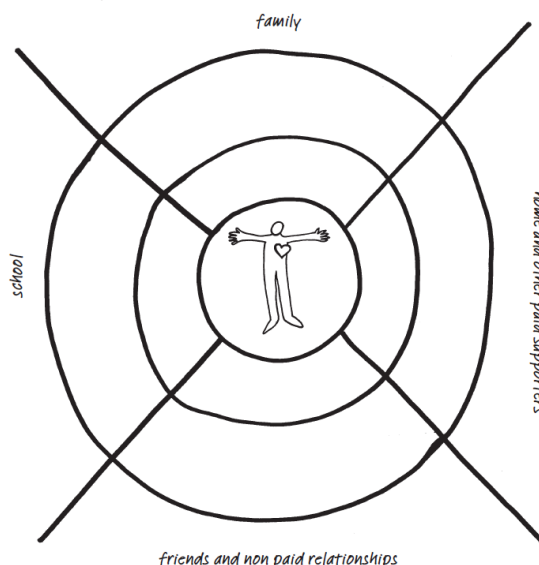
### *Supporting Choice*

*Providing Choices is one of the key principles for compliance with the HCBS final rule.*

How can staff support individuals with developmental disabilities who are non-verbal? There are a variety of ways that staff can assist individuals in expressing their choices. A great place to start is to involve the Circle of Support and the people who are most important to the individual. The relationship map creates a picture of who's in the person's life as seen in the image below.

#### How to support individuals who are non-verbal?

- Assess the things, locations and people that the individual enjoys
- Gather information by observing the individual and spending time with them
- Utilize visuals such as pictures to encourage the individual to communicate their preferences
- Have a meeting with the circle of support to review the person's preferences



*Note: This image was Adapted from Helen Sanderson & The Learning Community for Person Centered Practices*

Please discuss this item with your unit, and assign a note taker to compile questions, concerns or thoughts about the information above. Please provide to Maribel Garcia at [margarcia@elarc.org](mailto:margarcia@elarc.org) by 05/31/2019. Thank you.