

4 Key Principles Essential for Compliance with the HCBS Final Rule:

Choices

Choice is the right, power, or opportunity to choose; option.

Rights

A person's right is that which is morally, legally, or ethically proper.

Opportunities

An opportunity is a good position, chance, or prospect, as for advancement or success; "a set of circumstances that makes it possible to do something".

Community Integration

Integration means to give or cause to give equal opportunity and consideration to.

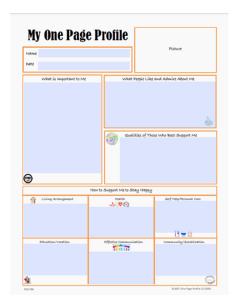
Home and Community Based Services (HCBS)

April Agenda Item

One Page Profile

It captures the basic but important information about a person. It is positively focused on the individual's core qualities and abilities. Create a One Page Profile with family, friends, and others that supports the individual. Personalize the One Page profile with pictures, artwork, and colors to reflect the individual described.

This is a version of a one page profile, which includes the core components that should be in any version of a one page profile: What people like and admire, what is most important to, and how to best support the individual.



A One Page profile is a great way to describe what is important to the individual living in a residential setting, attending a day program, school and/or any setting. One Page profiles can be shared or posted where it can be seen, if the individual chooses. It is a great snapshot of what the individual likes and a wonderful skill that can assist in Person Centered Planning.

Please see our new One Page Profile developed by our ELARC, Person Centered Thinking Coordinators: Vivian Lau and Karen Sibrian.

Please visit our website to obtain copies of One Page profiles in various languages:

www.elarc.org/about-us/person-centered-thinking

Please discuss this item with your team, and assign a note taker to compile questions, concerns or thoughts about the information above. Please provide to <u>Maribel Garcia</u> at <u>margarcia@elarc.org</u> by 05/31/2019. Thank you.