

# EASTERN LOS ANGELES REGIONAL CENTER

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# **ELARC Self Determination Local Advisory Committee January 29, 2019 Meeting Notes**

Members Present: Jocabed Garcia, Virgilio Orlina, Josefina Nieves, Yougeng Sun, Carl Blum, Cathay Liu, Mei Ye, Marlene

Ramirez, Carola Maranon

Members Absent:

ELARC Staff: Gloria Wong, Liz Harrell, David Castañeda, Liz Ornelas

State Council on Developmental Disabilities (SCDD) Los Angeles Office Staff: Julie Eby-McKenzie

**Guests:** Refer to Sign-In Sheet

#### **Welcome and Introduction**

The meeting was called to order at 6:05 pm by Virgilio Orlina, Chair.

### **Community Input**

Julie Eby-McKenzie, State Council provided fliers for the "Self-Determination Facilitator Training" presented by SCDD hosted by ELARC on March 14<sup>th</sup> (English) and 15<sup>th</sup> (Spanish). Fiesta Educative shared upcoming trainings on "Focus on Employment" on February 19<sup>th</sup> and "POS Disparity" in Montebello on March 25<sup>th</sup>.

## **Approval of the Agenda and Minutes**

Agenda and minutes were approved.

#### **Updates**

• Special Announcement: Gloria shared with the Committee that Liz Harrell will be leaving ELARC and transitioning to a new position with DDS to assist in the Self Determination development. We are sad to see her go but look forward to continuing a working relationship with her. Liz Ornelas will be interim Supervisor until further notice.

#### Statewide:

- State wide efforts; ARCA continues to work with DDS stakeholders work group. We are now on third year of advisory committee.
- Information in packets;
  - FMS guidelines released (12/21/2018); ELARC is currently in recruitment of FMS providers.
  - Independent Facilitator guidelines released (12/21/2018); ELARC will not directly provide IF training but will be working to build capacity with service providers, family groups, and community based organizations to become trainers for IF as well as to consider building pools of IFs.
  - o Individual Budget Development and Spending Plan released (01/11/2019). Review of guidelines; new term "Spending Plan" previously known as "line Item budget".
  - "Train the Trainer" For Participant Orientation Sessions: dated (01/28/2019)
    Committee members are encouraged to attend contact Liz Ornelas by February 5<sup>th</sup> to RSVP on their behalf.

#### **ELARC Implementation**

Liz Harrell provided an overview of the internal planning and training efforts

- 1<sup>st</sup> phase of Orientation will be conducted within 60 days after ELARC trainers are trained. Orientation dates will be scheduled; however, a separate session will be help for pilot participants. Selected participants will at that time decide to move forward or withdrawal from project, ELARC will honor participant's choice.
- There are no directives from the Department, as of yet, regarding waiting list.

- Once participants officially sign on the Waiver; cases will then begin to be transferred to Self Determination Liaisons. Current participants on the pilot project may also be moved based on geographic. Unit liaisons as well as supervisors will be trained.
- FMS vendorizations; working in partnership with Community Services to determine clarification with DDS regarding advances of funds.
- ELARC held a "Self Determination for Service Providers" training on November 28 and a "Train the Trainer for Independent Facilitators" on December 4; community organizations will provide future Independent Facilitator trainings.
- Future Independent Facilitator training will be conducted by community partners. ELARC will not be conducting I.F trainings.
- A brief overview of the January 11, 2019 Individual Budget Development and Spending Plan was provided by Liz H. Budget based on last 12 months of expenditures; annual statement as a tool; utilization of generic resources; life changing circumstances=possible budget revise; etc.

#### **Questions / Comments:**

- Question regarding selection process; Liz shared selection process. ELARC will provide ongoing information sessions for families.
- Concern shared, who will inform the participants of the orientations; Liz H. responded that all information will be posted on our website; however, Service Coordinators will be their point of contact and will be informing them of the Orientation sessions. Families are encouraged to sign up on our website for notifications.
- Mr. Sun encouraged everyone to attend State Councils Independent Facilitators training; he shared it is more complicated than he thought.
- Mr. Blum emphasized the importance as parents to learn and indicated how fortunate we are to have the I.F. training available. He suggested and encouraged participants to develop a strong support system or circle of support for communicate and emotional support purposes. ELARC is your professional support.
- Liz H. reminded everyone of the statutory requirements for Independent Facilitator; individual must be trained in Person Center Planning.

#### 2019 Meeting Dates:

- o April 2, 2019
- o June 4, 2019
- o September 3, 2019
- o November 5, 2019

Meeting dates and topics are subject to change.

Next Meeting: April 2, 2019.

Meeting adjourned at 7:30 pm.