

# 4 Key Principles Essential for Compliance with the HCBS Final Rule:

#### **Choices**

Choice is the right, power, or opportunity to choose; option.

## **Rights**

A person's right is that which is morally, legally, or ethically proper.

## **Opportunities**

An opportunity is a good position, chance, or prospect, as for advancement or success; "a set of circumstances that makes it possible to do something".

#### Integration

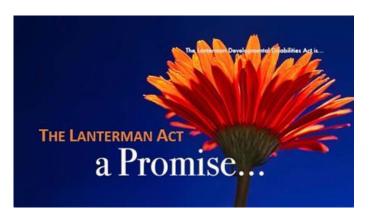
Integration means to give or cause to give equal opportunity and consideration to.

## **Home and Community Based Services (HCBS)**

**January Agenda Item** 

#### Choices, Rights, Opportunities, Integration

Are the 4 Key Principles Essential for Compliance with the HCBS final rule new regulations?



#### The answer is No.

The 4 key principles essential for compliance with the final rule are not new regulations. The Lanterman Act talks about individuals having Choices, Rights, Opportunities and Integration (which are the 4 pillars of HCBS).

The Centers for Medicare & Medicaid Services (CMS) wants to ensure that individuals truly have the same opportunities as anyone else who does not receive Medicaid funded services. The goal of HCBS is to improve the quality of services and provide protections. The rule establishes that the focus is on the "nature and quality" of an individual's experience. One major component of the rule is Person-Centered Planning. This plan has to be directed and driven by the individual.

"At the core of providing any services & supports for any individual is the personcentered approach as referenced in the Lanterman Developmental Disabilities Services Act."

-Frances Jacobs