



4 Key Principles Essential for Compliance with the HCBS Final Rule:

Choices

Choice is the right, power, or opportunity to choose; option.

Rights

A person's right is that which is morally, legally, or ethically proper.

Opportunities

An opportunity is a good position, chance, or prospect, as for advancement or success; "a set of circumstances that makes it possible to do something".

Integration

Integration means to give or cause to give equal opportunity and consideration to.

Home and Community Based Services (HCBS) October Agenda Item

What is Integration?

Integration means to give or cause to give equal opportunity and consideration to.

Integration is **NOT** only about being physically out in the community but it entails so much more (as listed below), like having similar unplanned interactions that others have.

"HCBS services should focus on the opportunities for integration the same as others."

-Laura Brackin



What Integration might look like:

- Volunteer work, work on a political campaign
- Learning through self-help classes, books on tape, etc.
- Getting together with friends, going out, movies, shows, having a fun social life
- Shopping at the grocery store, mall, other locations
- Walking, going to a gym, diet groups
- Having nails done, hairstyling
- Maintaining home, cleaning, laundry
- Caring for relatives, friends, others
- Worship, meditation, yoga classes, meeting groups
- Hobbies such as pet care, walking the dog, other